

The Recommended Plan

First Year

Fall:

- 500: Professional Issues
- 502: Counseling Theories
- 506: Social and Cultural Issues

Intersession:

- 503: Group Process and Practice

Spring:

- 501: Counseling and Interviewing Skills
- 504: Appraisal Techniques
- 508: Lifespan Development
- 549 Assessment and Diagnosis (here or in summer) or Floater

Summer:

- 549: Assessment and Diagnosis (if did not take in spring), 507 Career and Lifestyle Development, or Elective

Floater
- 505 Research Methods
- 540 Family Counseling & Therapy
- 560 Addictive Behaviors
- Three (3) Electives

Second Year

Fall:

- 507: Career and Lifestyle Development or Floater
- 577: Evidence Based Practice
- 590: Practicum in CMHC

Spring:*

- 578: Organizational Systems in CMHC
- 595: Internship in CMHC** or Floater
- Floater

Summer:*

- 595: Internship in CMHC**

Third Year

Fall:*

- 563: Crisis Intervention
- 595: Internship in CMHC** or Floater
- Floater

*** = Extra floater class is needed in one of last three semesters.**

**** = Internship is recommended to be taken over 2 semesters, Summer and either Spring or Fall.**

6-9 Hour/Semester Plan

First Year

Fall:

- 500: Professional Issues
- 502: Counseling Theories

Intersession:

- 503: Group Process and Practice

Spring:

- 501: Counseling and Interviewing Skills
- 504: Appraisal Techniques
- 506: Social and Cultural Issues or 549: Assessment and Diagnosis

Summer:

- 549: Assessment and Diagnosis or 506: Social and Cultural Issues

Second Year

Fall:

- 507: Career and Lifestyle Development
- 508: Lifespan Development
- 577: Evidence Based Practice

Spring:

- 590: Practicum in CMHC
- Floater

Summer:

- Floater or 595: Internship in CMHC**
- Floater (if in different session than other class)*

Floaters
- 505 Research Methods
- 540 Family Counseling & Therapy
- 560 Addictive Behaviors
- Three (3) Electives

Third Year

Fall:

- 595: Internship in CMHC**
- 563: Crisis Intervention
- Floater*

Spring:

- 595: Internship in CMHC** or Floater
- 578: Organizational Systems in CMHC
- Floater*

Key
* = May be taken over intersession instead
** = Internship is recommended to be taken over 2 semesters, Summer and either Spring or Fall.

The “Get Through” Plan

(Not recommended)

First Year

Fall:

- 500: Professional Issues
- 502: Counseling Theories
- 506: Social and Cultural Issues
- 508: Lifespan Development

Intersession:

- 503: Group Process and Practice

Spring:

- 501: Counseling and Interviewing Skills
- 504: Appraisal Techniques
- 549 Assessment and Diagnosis (here or in summer)
- Floater Class

Summer:

- **Choose 2:** 549: Assessment and Diagnosis (before EBP), 507 Career and Lifestyle Development, or Elective

Floater
- 505 Research Methods
- 540 Family Counseling & Therapy
- 560 Addictive Behaviors
- Three (3) Electives

Second Year

Fall:

- 563: Crisis Intervention
- 507: Career and Lifestyle Development or Floater
- 577: Evidence Based Practice
- 590: Practicum in CMHC

Intersession:

- Elective

Spring:

- 578: Organizational Systems in CMHC
- 595: Internship in CMHC
- Floater
- Floater